

DOULA UPDATE



MDHHS expands coverage for maternal depression and mental health screening

Effective Jan. 1, 2026, the Michigan Department of Health and Human Services has updated and expanded coverage of maternal depression and/or mental health screenings for individuals up to 12 months postpartum, under Bulletin [MMP 25-55](#), issued Nov. 26, 2025.

Pursuant to Public Act 246 of 2024, Michigan Medicaid covers early and periodic screening, diagnosis and treatment services, including maternal depression screenings, in accordance with the American Academy of Pediatrics medical guidelines. The AAP periodicity schedule requires a maternal depression screening is to be performed during each EPSDT well-child visit beginning at one month of age and up to six months of age for a child.

In accordance with PA 246, Michigan Medicaid is expanding coverage to include maternal depression and/or mental health screenings for individuals who have given birth to be conducted at follow-up appointments or well-child visits up to 12 months postpartum.

When a maternal depression and/or mental health screenings is conducted during the child's visit, the service should be reported under the child's Medicaid ID number as it is considered a service rendered for the benefit of the child. The child's primary care provider should bill under the CPT code: 96161. When the maternal depression and/or mental health screenings is performed by a practitioner during a visit for the postpartum individual, in a primary care or obstetric and gynecological setting, the service should be billed under the postpartum individual's Medicaid ID number. In this instance, the practitioner should bill under the CPT code: 96127.

If the child's PCP or other healthcare professional determines that a postpartum individual may need additional mental health resources, the healthcare professional may provide the individual with the following resources:

- Information regarding postpartum mental health conditions and their symptoms;
- Treatment options for postpartum mental health conditions;

- Referrals considered appropriate by the health professionals for the individuals; and
- Any additional support, services, or information considered appropriate by the health professionals to support the individual.

For full details on Bulletin [MMP 25-55](#), go to [michigan.gov](#).* If you have additional questions, contact your Blue Cross Complete provider account executive or the Blue Cross Complete Provider Inquiry at 1-888-312-5713.

New maternal-infant health initiative launched in Wayne County

Blue Cross Complete is pleased to inform our providers partners that Rx Kids has launched in six cities in Wayne County: River Rouge, Hamtramck, Highland Park, Inkster, Melvindale, and Dearborn.

Originally launched in Flint, Michigan in 2024, Rx Kids has expanded across the state to reach thousands of families with direct cash support. Pregnant mothers in these communities can apply to receive \$1,500 during pregnancy and \$500 per month for the first six months of their child's life. All expectant mothers must be at least 16 weeks pregnant at the time of enrollment or have an infant born on or after Nov. 1, 2025. According to Rx Kids, this maternal and infant health initiative aims to improve family stability, maternal well-being, and infant health by addressing social determinants of health.

Providers are encouraged to share information about Rx Kids with eligible patients and help connect families to available resources. Early engagement supports healthier pregnancies and improves health outcomes across the care continuum.

Families can learn more and apply at [RxKids.org](#).* If you have questions, contact your Blue Cross Complete provider account executive or the Blue Cross Complete Provider Inquiry at 1-888-312-5713.

*Our website is [mibluecrosscomplete.com](#). While website addresses for other organizations are provided for reference, Blue Cross Complete doesn't control these sites and isn't responsible for their content.